

Saskatoon Racing Canoe Club Steps To Becoming an Entry Level Competitive Coach (ELCC)



The following are the necessary steps to becoming a fully certified Canoe/Kayak Entry Level Competitive Coach.

Introduction to Competition Part A (replacing Level 1 Theory)

Part A is the new NCCP format replacing the Level 1 Multi-Sport Module. This non-sport specific course helps coaches understand why athletes participate in sport and prepares them to teach skills and to design safe, enjoyable and challenging practices. The focus of the Part A course is the design of a practice plan.

Course dates can be found at:

- <http://www.saskatoonsportscouncil.ca/coaching.html> for courses held in Saskatoon.
- http://www.saskcoach.ca/index_files/Courses.htm for courses held within the province.

Introduction to Competition Part B (replacing Level 2 Theory)

Part B is the new NCCP format replacing the Level 2 Multi-Sport Module. To enroll in this course, participants must have completed Introduction to Competition Part A. This non-sport specific course introduces coaches to the needs of developing athletes preparing for competition. Goal setting, physical training and skill analysis techniques are emphasized as coaches plan a season of competition.

Course dates can be found at:

- <http://www.saskatoonsportscouncil.ca/coaching.html> for courses held in Saskatoon.
- http://www.saskcoach.ca/index_files/Courses.htm for courses held within the province.

Entry Level Competitive Coach Workshop (Technical)

The Entry Level Competitive Coach Workshop (technical) is a sport specific workshop which focuses on the sport of Sprint Canoe / Kayak. This course introduces coaches to the specific technique of sprint canoe / kayak, nutrition, goal setting and other coaching fundamentals to our sport.

This course is usually held once every year. You must be at least 16 years of age to take the course. For course dates please contact one of the coaches.

Introduction to Competition Make Ethical Decisions Multi-sport On-Line Evaluation

The *Make Ethical Decisions Evaluation* is an online evaluation you must complete to achieve ELCC Certification. The evaluation covers the material taken in the Introduction to Competition Part A with specific emphasis on:

1. The six steps in the NCCP ethical decision-making process
2. Terms and definitions

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3. Practice scenarios with actual marking and feedback

During the evaluation you are given 2 different scenarios in which you must analyze the scenario paying close attention to the aspects that are related to ethical decision making.

It is highly recommended that you **TAKE** the pre-evaluation before completing the actual evaluation. The pre-evaluation is not marked.

You must complete the actual evaluation with a mark of 75% averaged over the 2 scenarios to receive credit for the evaluation.

The evaluation can be found at the following website:

- <http://nccpeval.coach.ca/production/med/e/default.asp>

Entry Level Competitive Coach Evaluation (Practical)

The Entry Level Competitive Coach Evaluation (practical) is an evaluation of a coach's skill in an actual coaching environment, typically evaluated by a Level 3 or higher coach. The evaluation is made up of 4 components:

1. Interview with the evaluator
2. Design of a practice
3. Coaching a practice under the supervision of the evaluator
4. Coaching at a regatta under the supervision of the evaluator

At the end of the evaluation your evaluator will go over your performance during the evaluation and decide if you have completed all the necessary requirements for the evaluation.

To be evaluated you must first attend and complete the Introduction to Competition Parts A and B and the Entry Level Competitive Coach Workshop (technical). It is recommended that you complete the *Make Ethical Decisions Online Evaluation* as well.

As you complete each coaching course you will be sent certificates in the mail. You can also view your coaching transcript and certificate at the Coaching Association of Canada website under the Check Certification tab.

For more information on coaching or becoming a coach please see the following websites:

Coaching Association of Canada (NCCP)

- <http://www.coach.ca/>

CanoeKayak Canada Coaching Information

- http://www.canoekayak.ca/eng_cat.cfm?ID=1