

## **Statement of Values**

### **Respect**

**The coach shall show respect in all individual dealings and for their training environment**

### **Integrity**

**The coach shall act with the highest level of integrity in all duties**

### **Safety**

**The coach shall minimise risk to all and promote proper safety within their athletic setting**

### **Commitment**

**The coach shall expect the same commitment from oneself as from athletes under their supervision.**

### **Co-operation**

**The coach shall seek to help others advance in sport and life.**

### **Competence**

**The coach shall seek continued education and training throughout their career and shall not teach others past the scope of their knowledge.**

# Coaching Code of Ethics

## **Respect**

The coach shall show respect in all individual dealings and for their training environment

- Coaches must treat everyone equitably and sensitively, within the context of their activity and ability, regardless of gender, ethnic origin, cultural background, sexual orientation, religion or political affiliation.
- The coach will be concerned primarily with the well-being, safety, protection and future of the individual performer.
- The coach will strive to develop independence of the athlete by creating a balance between the development of performance and the social, emotional, intellectual and physical needs of the individual.

## **Integrity**

The coach shall act with the highest level of integrity in all duties

- Coaches must not encourage performers to violate the rules of their sport. They should actively seek to discourage and condemn such action and encourage performers to obey the spirit of the sport.
- Coaches must not compromise their performers by advocating measures which could constitute unfair advantage. They must not adopt practices to accelerate performance improvement which might jeopardise the safety, total well-being and future participation of the performer. Coaches must never advocate or condone the use of prohibited drugs or other banned performance enhancing substances.
- Coaches must ensure that the activities, training and competition programs they advocate and direct are appropriate for the age, maturity, experience and ability of the individual performer.
- Coaches must treat opponents with due respect, both in victory and defeat, and should encourage their performers to act in a similar manner. A key role for a coach is to prepare performers to respond to success and failure in a dignified manner.
- Coaches must accept responsibility for the conduct of their performers and discourage inappropriate behaviour in training, competition, and away from the sporting arena.

## **Safety**

The coach shall minimise risk to all and promote proper safety within their athletic setting

- All reasonable steps should be taken to establish a safe working environment.
- The work done and the manner in which it is done should be in keeping with the regular and approved practice with their sport as determined by the NSO.
- The activity undertaken should be suitable for the age, physical and emotional maturity, experience and ability of the performers.
- Coaches have a duty to protect children from harm and abuse.

- The performers should have been systematically prepared for the activity and made aware of their personal responsibilities in terms of safety.

### **Commitment**

The coach shall expect the same commitment from oneself as from athletes under their supervision.

- Coaches should expect a similar level of reciprocal commitment from their performers. In particular the performer (parent/guardian in the case of a minor) should inform the coach of any change in circumstances that might affect the coach/performer relationship.

### **Co-operation**

The coach shall seek to help others advance in sport and life.

- Coaches should communicate and co-operate with other sports and allied professions in the best interests of their performers.
- Coaches must communicate and co-operate with registered medical practitioners in the diagnosis, treatment and management of their performers' medical and psychological problems.

### **Competence**

The coach shall seek continued education and training throughout their career and shall not teach others past the scope of their knowledge.

- Coaches shall confine themselves to practise in those elements of sport for which their training and competence is recognised by the appropriate NSO. Training includes the accumulation of knowledge and skills through formal coach education courses, independent research and the accumulation of relevant verifiable experience.
- Coaches must be able to recognise and accept when to refer performers to other coaches or agencies. It is their responsibility, as far as possible, to verify the competence and integrity of any other person to whom they refer a performer.
- Coaches should regularly seek ways of increasing their personal and professional development.
- Coaches should welcome evaluation of their work by colleagues and be able to account to performers, employers, NSO's and colleagues for what they do and why.
- Coaches have a responsibility to themselves and their performers to maintain their own effectiveness, resilience and abilities. They should recognise when their personal resources are so depleted that help is needed. This may necessitate the withdrawal from coaching temporarily or permanently.